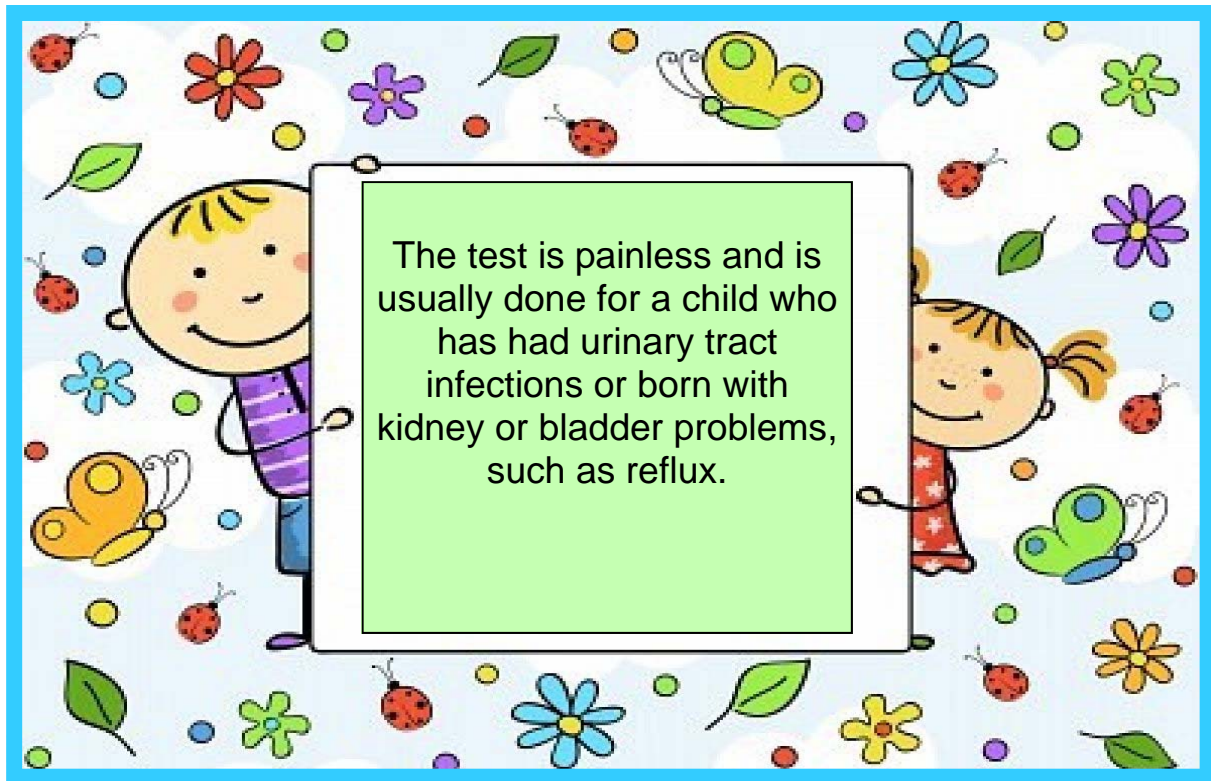


# Tell Me All About...

## Micturating Cystogram

## **What is a Micturating Cystogram?**

This is a series of x-rays of the bladder.



The test is done as a Day Case and takes about 15 to 20 minutes in the X-ray Department, although you will be asked to come to the Children's Ward from about 9.00 am to after 2.00 pm. You will be able to stay with your child throughout.

### **Is there any preparation?**

The Doctor who referred your child for the Micturating Cystogram, or your GP, should have arranged for your child to take some antibiotics before the test. This is to reduce the risk of your child getting an infection as a result of the test. The referring Paediatrician would usually recommend Trimethoprim as the antibiotic, given twice each day for 3 days, starting the day before the test and finishing the day after.

If your child has not yet been prescribed the antibiotics, please contact the referring Paediatrician or your GP.

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### **How is it done?**

When you arrive on the ward you will be greeted by a nurse who will check your child's details, weigh him or her and take their temperature. You will then both be seen by the Doctor.

If there is a need for sedative medicine this will be discussed with you and your child before the day of the procedure as they will not be able to have anything to eat or drink from 7am on the day of the investigation.

**(Please see accompanying leaflet “You, your child and oral sedation” if necessary).**

After being “admitted”, you will be asked to change your child into a gown and remove all his/her underclothes before a small tube (catheter) is passed into his/her bladder by a doctor/nurse. Your child may be given ‘extra’ antibiotic medicine before the insertion of this catheter. If your child has been sedated s/he will be closely observed until s/he is fully awake.

You and your child will then be taken to an x-ray room where there are x-ray machines, cameras and a TV screen as well as a cushioned table. Your child will be asked to lie on the table and the bladder will then be filled with a special fluid through the catheter. The Consultant Radiologist will watch the bladder filling and then, depending on the age of your child, s/he will then pass, or be asked to pass, urine into a container whilst a series of x-rays and pictures are taken. These will be seen on the TV screens at the same time.

### **What happens after the test?**

When the test is completed, the catheter will be removed and you and your child will be able to return to the ward.

The results will be given to the Doctors who will discuss them with you, usually in the Out-patient Department. An appointment will be sent to you if you have not already received one.

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### **What are the risks and benefits of the test?**

The test will show up any abnormality in the bladder which might be causing problems, such as frequent urinary tract infections. This means that the Doctor can discuss any further treatment to make sure your child stays as well as possible. The risk from the x-ray radiation is minimal and there are no other specific risks associated with this test.

### **Who can I contact for further information:**

Please do not hesitate to contact the **Ward on 01246 512328** or the **X-ray Department on 01246 512627** if you have any questions.

